

KARATE CLUB



Discipline Respect Etiquette
Behaviour Control Awareness Anti
Bullying Co-ordination



MONDAYS 5PM-6PM

MAIDENBOWER JUNIOR

NO
MONTHLY
COSTS.
OR DIRECT
DEBITS

£5
PAY AS
YOU
GO

ALL
NON
CONTACT

FOR
YEARS
1 & UP

New Beginners Welcome Along Anytime

Wear Your PE Kit or Similar For The First Few Weeks



Southern Academy Karate



07983 532 167



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